



*Rewarding Learning*

**GCSE**  
**Health and  
Social Care**

**STUDENT  
GUIDE**



# INTRODUCTION

The GCSE Health and Social Care course gives you opportunities to learn about human development and investigate how factors, such as smoking, pollution, income or chronic illness, affect health and well-being. You also learn about how relationships and major life changes, such as birth of a sibling, starting college, university or work, affect health and well-being. You also investigate the sources of support for individuals coping with life changes.

You develop understanding of the world of work in the health, social care and early years sectors by investigating how the needs of different service user groups are met. You also learn about a range of job roles in these sectors and discover how practitioners apply the values of care.

You will be able to demonstrate your knowledge and understanding in the examination and the investigation task.

## WHY STUDY HEALTH AND SOCIAL CARE?

You will gain knowledge and understanding of:

- human development through the main life stages and age ranges;
- factors affecting health and development, including behavioural, environmental, physical and socio-economic factors;
- how relationships influence social and emotional development;
- how a range of factors influence self-concept; and
- major life changes and sources of support.

You will also gain knowledge and understanding of:

- how health and social care services meet a range of service users' needs;
- barriers to health and social care services and how they can be overcome;
- job roles of a range of practitioners and how they apply the values of care in their day-to-day work; and
- the importance of safeguarding in health, social care and early years settings.

You will develop practical research skills through investigating working in the health, social care and early years settings.



# WHAT WILL I STUDY?

UNIT	AREAS OF STUDY
<b>Unit 1:</b> <b>Personal Development, Health and Well-Being</b>	In this unit, you will study: <ul style="list-style-type: none"> <li>• human development;</li> <li>• factors affecting health and well-being;</li> <li>• relationships;</li> <li>• self-concept; and</li> <li>• major life changes and sources of support.</li> </ul>
<b>Unit 2:</b> <b>Working in the Health, Social Care and Early Years Sectors</b>	In this unit, you will study: <ul style="list-style-type: none"> <li>• service users' needs;</li> <li>• health and social care services;</li> <li>• early years services;</li> <li>• job roles of health and social care and early years practitioners;</li> <li>• the values of care; and</li> <li>• safeguarding.</li> </ul>

# HOW WILL I BE ASSESSED?

COMPONENT	ASSESSMENT DESCRIPTION	WEIGHTING
<b>Unit 1:</b> <b>Personal Development, Health and Well-Being</b>	<b>Examination</b> 1 hour 30 minutes. We set and mark the paper. 100 marks You answer <b>three</b> questions that require short responses and extended writing.	50%
<b>Unit 2:</b> <b>Working in the Health, Social Care and Early Years Sectors</b>	<b>Controlled assessment</b> 100 marks You complete the controlled assessment task. Your teacher marks the work and we moderate the results.	50%



Unit 1

**Personal Development, Health and Well-Being**

**50%**



Unit 2

**Working in the Health, Social Care and Early Years Sectors**

**50%**

# WHAT CROSS-CURRICULAR SKILLS, THINKING SKILLS AND PERSONAL CAPABILITIES WILL I DEVELOP?



## CROSS-CURRICULAR SKILLS AT KEY STAGE 4 COMMUNICATION, USING MATHEMATICS AND USING ICT

You will have opportunities to develop these skills in a variety of ways by, for example:

- completing the controlled assessment and extended response questions;
- interviewing a service user on the barriers they experienced when accessing a care service;
- analysing centile charts, height charts and weight charts;
- calculating the cost of private health care services; and
- researching online to prepare and complete the controlled assessment.

## THINKING SKILLS AND PERSONAL CAPABILITIES AT KEY STAGE 4 SELF-MANAGEMENT, WORKING WITH OTHERS AND PROBLEM SOLVING

You will be encouraged to:

- produce an action plan for the controlled assessment;
- produce a wall display, as a group, on how behavioural factors may affect development; and
- take part in a class discussion on how gender, sexual orientation, culture and ethnicity may affect self-concept.

# WHAT CAN I DO WITH A QUALIFICATION IN HEALTH AND SOCIAL CARE?

You will develop the knowledge, understanding and skills required for working in the health, social care and early years sectors. The course also prepares you for progression to further study in health, social care and early years or related qualifications.

You will also acquire knowledge, understanding and skills that will prepare you for adult life and independent living.



