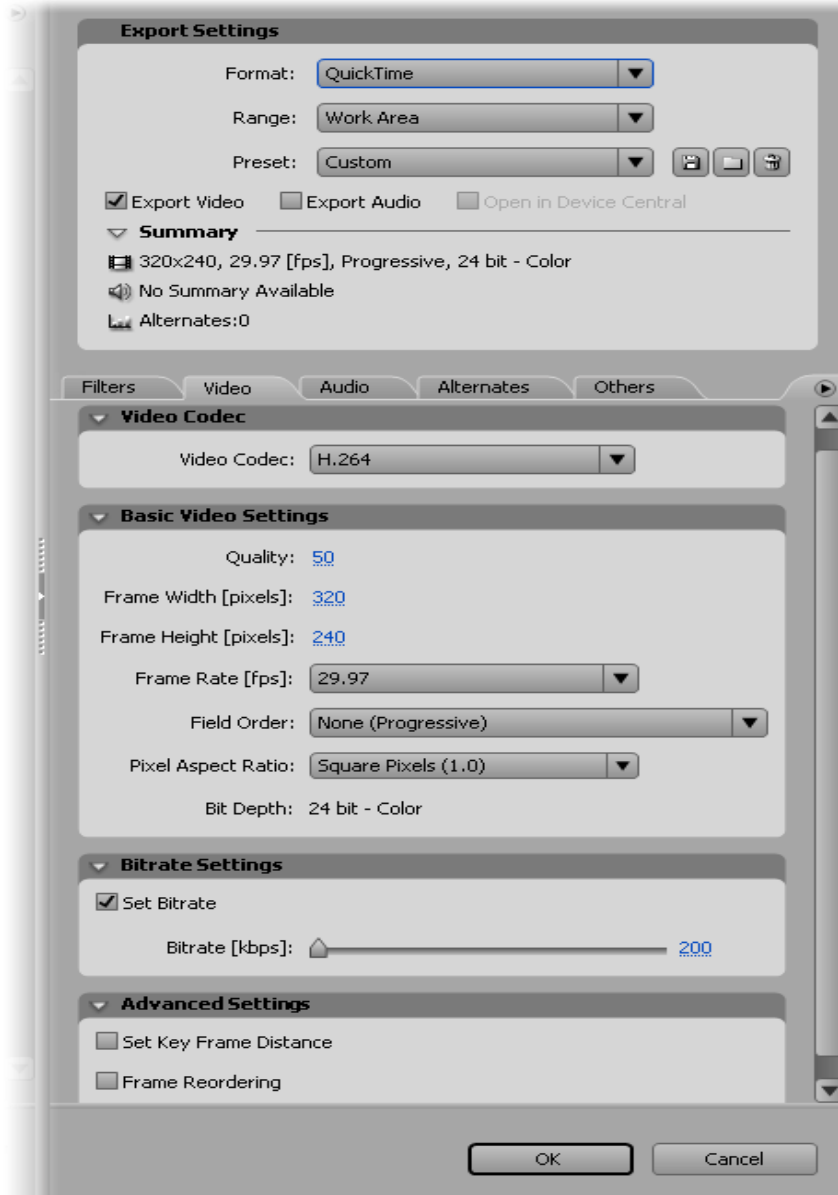


Exporting Quicktime Files in Premiere

Open your finished film sequence. Select File > Export > Adobe Media Encoder. The Export Settings window will then appear. From the Format menu select Quicktime. Choose H.264 as a Video Codec.



Set the Bitrate settings to 1,500 kbps. Then alter the resolution settings to Height 480 by Width 853 for 16:9 projects or Height 480 and Width 640 for 4:3 projects.

Once you've checked these settings click OK. You will then be prompted for a file name and location for the encoded file.

Enter the file name. This should be presented as Centre Number followed by a dash, then the candidate number followed by another dash and then the type of video coursework.

For example, 71000_0000_Film. Or 71000_0000_Exp1.

If faced with lengthy rendering times you should close all other applications on the computer.

Completed files should be checked before submission. If encoded correctly they should open and play in Quicktime or VLC Media Player.

Quicktime is available at <http://www.apple.com/quicktime/download/>

VLC Media Player can be downloaded from <http://www.videolan.org/vlc/>