

GCSE Food and Nutrition

Subject Guidance for Summer 2021/22

Exemplar Task Commentary for 2021/22 only



CCEA GCSE FOOD AND NUTRITION

EXEMPLAR TASK

2021/22 only

COMMENTARY

PART B: Justification of Choice (1265 words – within tolerance)

- Highly competent justification of choice using the required headings
- Relevance to title – candidate has used a wide range of **different** sources to select and accurately apply information relevant to CVD – websites (x4), textbook, newspaper; sources are up to date; candidate has clearly indicated how recipes were adapted to make them suitable to the title of CVD
- Nutritional content – candidate has discussed the nutrient content of the dishes with specific reference to CVD
- Technical skill – candidate has made reference to a wide variety of higher level skills
- Aesthetics – candidate has clearly described the aesthetics of the dishes including colour, textures and overall appearance
- Time and ingredients available – candidate has demonstrated a clear understanding of the need to plan ahead and an awareness of timing

Mark awarded: 16 out of 16 marks

PART C: Planning

- Highly competent planning
- Ingredient lists – detailed and accurate; metric measurements; garnishes/decoration included (where relevant)
- Equipment lists – detailed and accurate; serving dishes clearly shown
- Shopping list – detailed and accurate using correct headings

Marks awarded: 6 out of 6 marks

- Time plan – candidate has presented a detailed and logical plan of action; colour coding demonstrates the ability to sequence and dovetail tasks; 15 minute intervals over the 2 hour session; tasks include preparation, cooking, serving and **washing up**

Marks awarded: 8 out of 8 marks

PART E: Evaluation (420 words – within tolerance)

- A highly competent evaluation of justification of choice and planning; identifies a range of strengths, weaknesses and pertinent suggested improvements

Marks awarded: 7 out of 8 marks

PRESENTATION

- A detailed and accurate bibliography including recipe sources and word counts shown for Parts B and E and Total word count (2 marks)

Marks awarded: 2 out of 2 marks

Total word count: 1685 words (within +10% tolerance)

Total marks awarded: 39 out of 40 marks