



Rewarding Learning

General Certificate of Secondary Education  
2018

Centre Number

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Candidate Number

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# Health and Social Care: Double Award

Unit DA2: Promoting Quality Care



GHS41

[GHS41]

TUESDAY 19 JUNE, AFTERNOON

### TIME

1 hour 30 minutes.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in questions **2(c)**, **3(a)** and **3(c)**.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

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## Guidance

Your task should focus on middle adulthood and address the following:

- types of relationships
- patterns of development during middle adulthood
- role of the Public Health Agency in addressing health and well-being
- accessing health and social care services and overcoming barriers
- health improvement plan for weight loss and how families may support individuals to overcome difficulties when following a plan
- factors affecting self-concept
- application of the principles of care
- content of a policy for safeguarding vulnerable adults
- job role of a physiotherapist
- types of support
- effects of redundancy on personal development
- funding of voluntary sector
- support offered by the voluntary organisation Aware Defeat Depression
- Public Health Agency booklet: “Steps to deal with stress” published in August 2014 (pages 9–15)

1 Jason, aged 42, is married and has four children.

Examiner Only	
Marks	Remark

(a) Jason is in the life stage of middle adulthood which is from

\_\_\_\_\_ to \_\_\_\_\_ years. [2]

(b) Using the information given write down two life changes Jason has experienced.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(c) Identify the type of relationship Jason has with his wife.

\_\_\_\_\_ [1]

(d) Using the following headings discuss the expected patterns of development during middle adulthood.

Physical development

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Intellectual development

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Emotional development

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[3]

(e) Jason works for the Public Health Agency.

Explain two ways the Public Health Agency addresses health and well-being.

1. \_\_\_\_\_

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[2]

2. \_\_\_\_\_

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[2]

Examiner Only	
Marks	Remark

**(f)** Jason made an appointment at the local health centre as he was feeling unwell.

**(i)** Identify this type of referral.

\_\_\_\_\_ [1]

**(ii)** Write down one other method of referral.

\_\_\_\_\_ [1]

**(iii)** The nurse practitioner calculated Jason’s body mass index (BMI) and drew up a health improvement plan for him. One target was to lose weight.

Analyse the advice the nurse practitioner may have given Jason to help him achieve this target.

\_\_\_\_\_  
 \_\_\_\_\_  
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\_\_\_\_\_ [6]

Examiner Only	
Marks	Remark

(iv) Discuss how Jason's family may support him to achieve his weight loss target.

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[3]

Examiner Only	
Marks	Remark

2 Morag, aged 56, works as a manager in Oakview Nursing Home.

(a) Write down the type of relationship between Morag and the staff of the nursing home.

\_\_\_\_\_ [1]

(b) Explain how age may have a positive effect on Morag's self-concept.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Discuss how Morag may apply the following principles of care in her day-to-day work with the residents of Oakview.

Promote clients' rights and choices

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Respect individuals' identities and beliefs

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_

Examiner Only	
Marks	Remark



Promote effective communication

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[9]

(d) Individuals often face a psychological barrier, such as anxiety, when accessing Oakview.

Discuss how Morag may help them overcome this barrier.

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[3]

Examiner Only	
Marks	Remark

(e) One of Morag’s responsibilities is to update the policies at Oakview.

Discuss what might be included in a policy for safeguarding vulnerable adults.

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[6]

Examiner Only	
Marks	Remark

(f) Nadia, aged 59, a resident in Oakview, is recovering from a stroke. Nadia has poor balance and one side of her body is paralysed.

(i) Nadia is receiving care and treatment from a physiotherapist.

Explain three ways the physiotherapist may provide care for Nadia.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(ii) Discuss three different types of support Nadia may be given by the staff in Oakview to help her cope with her illness.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

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**(Questions continue overleaf)**



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[9]

Examiner Only	
Marks	Remark

[Turn over

**(b)** Jakub has become depressed since being made redundant. His wife contacted Aware Defeat Depression to find out if the organisation could offer Jakub support.

**(i)** Aware Defeat Depression is part of the voluntary sector.

Identify the two other sectors which may provide Jakub with support.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

**(ii)** Explain three different ways the voluntary sector may be funded.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark



(iii) Explain three ways Aware Defeat Depression may help people like Jakub cope with depression.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark





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