



General Certificate of Secondary Education

Centre Number

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Candidate Number

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Health and Social Care

Unit 1

Personal Development

Health and Well-Being



[GHL11]

GHL11

Assessment

TIME

1 hour 30 minutes.

Assessment Level of Control:

Tick the relevant box (✓)

Controlled Conditions	
Other	

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in black ink only. **Do not write with a gel pen.**

Answer **all** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **1(h)**, **2(e)** and **3(c)**.



1 Harry and Janet, both aged 54, have been married for 25 years. Janet is a nurse in the Accident and Emergency department of a large hospital.

(a) Harry and Janet are in the life stage of middle adulthood, which is from

40 years to _____ years.

[1]

(b) Identify the type of relationship between Harry and Janet.

[1]

(c) Using the information provided, write down **two** life changes Janet has experienced.

1. _____

[1]

2. _____

[1]

(d) Describe the expected pattern of social development during middle adulthood.

[3]



(f) Harry has recently been diagnosed with type II diabetes.

Identify **three** ways type II diabetes may affect his physical health and well-being.

1. _____ [1]

2. _____ [1]

3. _____ [1]

(g) Harry and Janet have a son, Daniel, who is 21 years old. Last year Daniel was seriously injured in a road traffic accident and he is now a wheelchair user.

Use the headings below to explain how disability may affect Daniel's self-concept.

Positive effect on Daniel's self-concept

_____ [2]

Negative effect on Daniel's self-concept

_____ [2]



(c) Explain **three** ways you would expect Mia to develop socially during her current life stage.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

(d) Mia attends the local primary school.

Describe how education may affect Mia's self-concept in a negative way.

_____ [3]



(f) Bobby's social worker is concerned that he may be using illegal drugs.

Use the table below to describe how the use of illegal drugs may affect the health and well-being of an individual.

Effect on physical health and well-being

[3]

Effect on emotional health and well-being

[3]

[Turn over



3 Josef, aged 81, lives alone in a rural area. The nearest village is five miles away.

(a) Josef is in the life stage of later adulthood, which is from _____ years. [1]

(b) Use the headings below to explain how geographical location may affect Josef's health and well-being.

Effect on Josef's physical health and well-being

[2]

Effect on Josef's emotional health and well-being

[2]

Effect on Josef's social health and well-being

[2]



(d) Josef is very proud of his great-granddaughter, Ana, who is 6 weeks old. Ana is in the life stage of infancy.

Using the following headings, describe the expected patterns of development during this life stage.

Intellectual development

[3]

Emotional development

[3]

[Turn over



- (e) Josef has decided to move into Mill Fold, which has 25 apartments. Mill Fold provides 24-hour support and a range of social activities. Josef will have his own apartment but can join other residents in the lounges.

Use the headings below to describe how moving house may have a positive effect on Josef's emotional and social development.

Effect on Josef's emotional development

[3]

Effect on Josef's social development

[3]



(f) Josef's family will help him cope with moving house. Explain **three** types of support they may offer him to help him cope with this life change.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

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Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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